



**YSGOGI CEFNOGI LLWYDDO**

# **CWESTIYNAU CYFFREDIN**

**INSPIRE SUPPORT SUCCEED**

# **FREQUENTLY ASKED QUESTIONS**



# Cychwyn yn Aberconwy



## Sut byddai yn gwybod pa ddosbarth fyddai ynddo?

Byddi yn derbyn llythyr yn y post ar neu ar ol y 1af o Orffennaf. Bydd yn dweud pwy fydd dy athro cofrestru a beth fydd enw dy ddosbarth.

## Sut byddai yn gwybod ble i fynd ar y diwrnod cyntaf?

Byddi yn dod i fewn trwy'r gatiâu mawr gwyrdd i'r dde o'r ysgol wrth ymyl safle'r bysus. Byddi yn gallu gweld yr iard yn y pellter o fan hyn a bydd athrawon yn disgwyl amdanat i fynd a ti i'r neuadd i'r gwasanaeth. Bydd na staff wrth y gatiâu hefyd - byddant yn gwisgo siacedi melyn.

## Faint o'r gloch ydw i angen cyrraedd yr ysgol?

Mae cloch yr ysgol yn canu am 8:45 yb. Bydd angen i ti fod ar iard yr ysgol cyn hynny. Fel rheol, byddi di'n mynd i'r gwasanaeth neu i gofrestru cyn gynted ag y bydd y gloch yn canu.

## Dwi'n poeni nad ydw'i yn adnabod unrhyw un yn Aberconwy.

Bydd staff Aberconwy yn gwybod dy fod wedi dod ar dy ben dy hun a byddant yn deall nad wyt yn adnabod unrhyw un eto. Byddant yn dy helpu i wneud ffrindiau.

## Ble alla i gadw fy llyfrau ac offer?

Mae ein disgyblion ni yn cario eu hoffer a'u llyfrau yn eu bagiau. Bydd angen i ti edrych ar dy amserlen bob nos a threfnu dy fag i sicrhau bod gen ti bopeth sydd ei angen ar gyfer y diwrnod canlynol. Os y byddi yn trefnu fel hyn ni fydd dy fag yn drwm a byddi yn gallu ei gario o gwmpas yn eithaf hawdd. Bydd angen i ti ofalu am dy fag dy hun pan yn Aberconwy ond byddi'n dod i arfer â hyn yn gyflym iawn

# Starting at Aberconwy



## How will I know which form I am in?

You will receive a letter in the post on or after the 1st of July telling you which form you will be in and who your form tutor will be.

## How will I know where to go on the first day?

You will come into school through the big green gates by the bus park which is to the right of the school building. You will see the main yard ahead in the distance and there will be teachers waiting to greet you and to take you to the main hall for assembly. There will be staff at the main gate too - you will see them in bright yellow jackets.

## What time do I need to arrive at school?

The school bell goes at 8:45am. You will need to be on the school yard before then. You will normally go to assembly or to registration as soon as the bell goes.

## I'm worried that I don't know anyone at Aberconwy.

The staff at Aberconwy will know that you have come by yourself and will know that you don't know anyone. They will help you to make friends when you arrive.

## Where can I keep all my books and equipment?

All our pupils carry their own equipment and books in their bags. You will need to check your timetable every evening and organise your bag to make sure that you have everything you need for the next day. If you organise yourself like this your bag will not be heavy and can be carried around quite easily. You will need to look after your own bag when in Aberconwy but you will get used to this very quickly.



## **Sut byddaf yn gwybod ble mae'r ystafell gofrestru?**

Bydd athrawon yn mynd a ti i'r neuadd ar y diwrnod cyntaf a bydd y Pennaeth Blwyddyn, mentor a dy athro cofrestru yn cwrdd â ti yno. Bydd y Pennaeth blwyddyn yn gwneud yn siwr fod pawb wedi cyrraedd a bydd yn gofyn i dy athro cofrestru dy arwain i'r ystafell ddosbarth. Byddwn yn rhoi map o'r ysgol i ti a byddwn yn mynd o amgylch yr ysgol ar y diwrnod cyntaf. Gallu di weld rhai teithiau ar y fideos ar wefan yr ysgol. Gad i ni wybod os wyt ti eisiau gweld unrhyw le penodol.

## **Dwi'n poeni y byddai yn mynd ar goll.**

Bydd dy athro cofrestru yn mynd a ti o amgylch yr ysgol pan fyddi yn cychwyn. Byddwn yn rhoi map o'r ysgol i ti. Os y byddi yn mynd ar goll bydd rhywun o gwmpas i dy helpu a byddant yn gallu mynd a ti i ble bynnag rwyd ti angen mynd.

## **Pa offer fydd ei angen arnaf?**

Bydd angen cas pensiliau arnat gyda beiros, pensiliau, pren mesur, miniwr, rwber a phensiliau lliw. Bydd angen i ti ddod â dillad ymarfer corff ar y dyddiau mae gen ti AG - galli edrych ar dy amserlen i gael gwybod pryd mae hyn. Gellir dod â ffonau symudol i'r ysgol (ar dy risg dy hun) ond mae'n rhaid eu diffodd bob amser ar wahân i amser egwyl a chinio

## **Beth os fyddai yn anghofio fy offer?**

Bydd dy athro cofrestru yn gwirio i sicrhau bod gen ti yr offer cywir wrth gofrestru yn y bore. Byddan nhw'n gallu dy helpu os wyt ti yn anghofio. Os byddi di yn anghofio cit AG, bydd disgwyl i ti gymryd rhan o hyd a bydd yr athrawon AG yn rhoi benthyg gwisg Addysg Gorfforol i ti.



## **How will I know where my form room is?**

You will be taken to the assembly hall on your first day and the Head of Year, guidance mentor and form tutor will meet you there. The Head of Year will check that everyone has arrived and will ask your form tutor to escort you to the form room. We will give you a plan of the school and we will give you a tour of the school when you are in. You can see some tours on the videos that we are preparing for you on the school website. Let us know if you would like to see anywhere in particular.

## **I'm worried that I will get lost.**

Your form tutor will show you around the school when you start. You will get a map of the school. If you do get lost there will always be someone around to help you and they will take you where you need to be.

## **What equipment will I need?**

You will need a pencil case with pens, pencils, ruler, sharpener, rubber and coloured pencils. You will need to bring your PE kit on the days that you have PE - you can check your timetable to find out when this is. Mobile phones can be brought into school (at your own risk) but must be turned off at all times apart from break and lunch.

## **What if I forget my equipment?**

Your form tutor will check to make sure that you have the right equipment during registration in the morning. They will be able to help you out if you have forgotten. If you forget your PE kit you will still be expected to take part and the PE teachers will lend you a PE kit from their stores.

# Amser cinio

## Ble byddai yn bwyta cinio?

Bydd Blwyddyn 6 yn cael mynd i lawr am eu cinio ychydig yn gynharach yn ystod yr wythnosau cyntaf nes i chi ddod i arfer â'r system. Galli brynu pryd o fwyd sy'n cynnwys pryd poeth, pwddin a diod yn y ffreutur. Galli brynu 'baguettes', brechdanau a bwyd i gerdded o gwmpas o gaffi 6. Fe weli di Gaffi 6 ar dy ochr dde wrth i ti gerdded o'r giât i'r iard bob bore.

## Sut byddai yn talu am ginio?

Rydym yn defnyddio system olion bysedd yn Ysgol Aberconwy. Gall dy rieni roi arian i ti ei roi yn y peiriant yn y ffreutur neu gaffi 6 a bydd yr arian yn ymddangos ar dy gyfrif. Pan fyddi yn dewis dy fwyd a mynd i'r til byddi yn gosod dy fys ar y sganiwr a bydd y staff yn gallu gweld dy gyfrif. Mae hon yn system wych gan nad oes raid i ti boeni am golli dy arian yn yr ysgol.

## A allaf dalu gydag arian parod neu siec?

Galli ddod â siec i'r ysgol mewn amlen gyda dy enw a enw dy ddosbarth cofrestru wedi'i ysgrifennu ar yr amlen. Mae blwch post i'r chwith o ddrws y ffreutur i ti bostio'r siec. Bydd angen postio hwn ar ddechrau'r diwrnod ysgol er mwyn iddo ymddangos ar dy gyfrif erbyn amser cinio. Galli ddod â arian parod i dalu i mewn i'r peiriannau yn y ffreutur mor aml ag wyt ti eisiau - mae hyn yn ymddangos ac yn barod i'w ddefnyddio bron ar unwaith. Ar dy diwrnod cyntaf yn Aberconwy, byddwn yn dangos ble mae hyn i gyd, a byddwn yn dangos i ti beth i'w wneud. Os wyt ti angen help, bydd staff mewn siacedi melyn sydd ar ddyletswydd yn y ffreutur yn gallu dy helpu di.

## A allaf ddod â pecyn bwyd?

Gallwch, wrth gwrs, ddod â pecyn bwyd. Galli di fwyta yn y ffreutur gyda dy ffrindiau neu galli ei fwyta ar y byrddau picnic y tu allan ar ddiwrnod braf. Disgwyliwn i bob disgybl sicrhau bod yr iard yn cael ei chadw'n daclus a bod unrhyw sbwriel yn cael ei roi yn y biniau.

# Lunchtime



## Where will I eat my lunch?

Year 6 will be able to go down for their lunch a little earlier in the first few weeks until you get used to the system. You can buy a meal which includes a hot meal a dessert and a drink in the canteen. You can buy baguettes and paninis and food that you can walk around with from Cafe 6. You will see Cafe six on your right as you walk in from the main gate on to the yard each morning.

## How will I pay for my lunch?

We use a fingerprint system at Ysgol Aberconwy. Your parents can give you money to put into the machine in the canteen or cafe 6 and the money will show up on your account. When you choose your food and go to the till you will place your finger on the scanner and the staff will be able to see your account. This is a great system as you don't have to worry about losing your money in school.

## Can I pay by cash or cheque?

You can bring a cheque into school in an envelope with your name and form group written on the envelope. There is a postbox to the left of the canteen door for you to post your cheque. This will need to be posted at the start of the school day for it to show up on your account by lunchtime. You can bring smaller amounts of cash to pay into the machines in the canteen as often as you like - this shows up and is ready to use almost immediately. On your first day at Aberconwy, we will show you where all this is, and we will demonstrate how to do it. If you are ever unsure, check with the staff in yellow jackets that are on duty in the canteen.

## Can I bring a packed lunch?

You can, of course, choose to bring a packed lunch. You can eat your packed lunch in the canteen with your friends or you can eat it on the picnic tables outside on a nice day. We expect all pupils to make sure that the yard is kept tidy and that any rubbish is placed in the bins.



## **Mae gen i alergeddau.**

Os oes gen ti unrhyw alergeddau, bydd angen i dy rieni roi gwybod i ni yn y 'Llyfryn Croeso'. Bydd dy alergeddau yn cael eu cofnodi ar y system olion bysedd yn y ffreutur a bydd y staff yn sylweddoli os wyt wedi dewis unrhyw beth a fyddai'n achosi niwed i ti. Efallai y bydd rheolwr y ffreutur eisiau trafod dy anghenion dietegol gyda dy rieni a gellir gwneud trefniadau arbennig i sicrhau bod dy anghenion yn cael eu diwallu.

## **A allaf gael diod yn ystod y dydd?**

Anogir disgyblion i yfed yn ystod y diwrnod ysgol. Mae'n bwysig dy fod yn teimlo'n iach ac yn effro yn ystod y dydd. Dyllet ti ddod â photel ddŵr gyda ti i'r ysgol a gellir ei hail-lenwi yn y ffreutur. Nid ydym yn caniatáu diodydd egni yn Aberconwy gan nad yw'r rhain yn iach i chi. Dim ond dŵr y gellir ei yfed yn yr ystafell ddosbarth.

## **Gwisg Ysgol**

### **Beth ddylwn i ei wisgo?**

Mae'r wisg ysgol yn cynnwys trowsus neu sgert ddu, crys polo Aberconwy gyda lliw dy ddosbarth, crys chwys Aberconwy ac esgidiau du synhwyrol. Bydd angen i ti wirio'r wisg ar wefan yr ysgol i sicrhau dy fod yn gwisgo'r wisg gywir - fe weli enghreifftiau o'r hyn sydd a'r hyn na chaniateir yma. Rhaid i esgidiau / trainers fod yn ddu i gyd ac ni allant fod ag unrhyw liw arnynt. Mae'r ysgol yn rhedeg cynllun ailgylchu ar gyfer gwisgoedd ac mae ganddom stoc fach o wisg ail law.

### **Beth ddylwn i ei wisgo ar gyfer AG?**

Mae gan yr ysgol wisg ar gyfer AG hefyd. Edrych ar wefan yr ysgol i gael rhestr / lluniau o'r eitemau y bydd eu hangen arnat ti.





## **I have allergies.**

If you have any allergies, your parents will need to let us know in the 'Welcome Booklet' that we have asked you to complete. Your allergies will be recorded on the fingerprint system in the canteen and the staff will be alerted if you have chosen anything that would cause you harm. The manager of the canteen may want to discuss your dietary needs with your parents and special arrangements can be made to ensure that your needs are met.

## **Can I have a drink during the school day?**

Pupils are encouraged to drink during the school day. It is important for you to feel healthy and alert during the school day. You should bring a water bottle with you to school and this can be refilled in the canteen. We do not allow energy drinks at ysgol Aberconwy as these are not healthy for you. Only water can be drunk in the classroom.

## **Uniform**

### **What should I wear?**

The school uniform consists of black trousers or skirt, an Aberconwy polo shirt with your form's colour, an Aberconwy sweatshirt and black sensible shoes. You will need to check the uniform on the school website to make sure that you are wearing the correct uniform - you will find examples of what is and what isn't allowed here. Shoes/trainers must be all black and cannot have any colour on them. The school does run a recycling scheme for uniforms and do hold a small stock of second hand uniform.

### **What should I wear for PE?**

The school has a uniform for PE too. Please check the school website for a list/photos of the items that you will need.

# Cefnogaeth

## At bwy allaf fynd os oes angen help arnaf?

Gofyn i dy athro pwnc a oes angen help gyda gwaith. Os wyt ti'n poeni am unrhywbeth arall, siarad gyda dy athro cofrestru, y mentor neu'r pennaeth blwyddyn. Gellir dod o hyd i'r mentor a phennaeth blwyddyn yn 'Y Porth'. Gellir dod o hyd i'r ystafell hon ar y llawr isaf ym mhen draw'r prif adeilad.

## Beth ydi'r Porth'?

Dyma ardal yn yr ysgol lle mae'r mentoriaid wedi'u lleoli. Nid yw'r mentoriaid yn addysgu ac maent ar gael i dy gefnogi yn ystod y dydd. Maent hefyd ar gael i drafod unrhyw faterion gyda dy rieni. Bydd y mentor a pennaeth blwyddyn yn gwneud yn siwr dy fod yn setlo ac yn hapus yn yr ysgol, byddant yn monitro pethau fel cynnydd, dy wisg ysgol, dy bresenoldeb a byddant yn darparu cefnogaeth ychwanegol os bydd ei angen arnat.

## Cymorth Ychwanegol

Mae 'Cynnal' yn adran yn yr ysgol sy'n darparu cefnogaeth ychwanegol i ddisgyblion sydd ei angen. Mae'r adran hon yn cael ei rhedeg gan Mrs Hodgson. Mae Mrs Hodgson wedi siarad ag athrawon Blwyddyn 6 a bydd wedi gwneud cynlluniau i sicrhau bod gen ti gefnogaeth ychwanegol ym mlwyddyn 7 os oes angen arnat ti. Mae tîm o gynorthwywyr dysgu yn gweithio yn 'Cynnal' gyda Mrs Hodgson a byddant yn dod i rhai o dy wersi i helpu gyda gwaith. Maen nhw hefyd yn rhedeg clwb gwaith cartref.

## Beth yw Pontio?

Adran o'r ysgol sydd wedi'i neilltuo i gefnogi disgyblion ag Awtistiaeth yn Ysgol Aberconwy yw Pontio. Mae gennym lyfryn ar wahân i roi mwy o wybodaeth am Pontio i'r disgyblion hynny a allai fod angen mynediad iddo.

# Support

## Who can I go to if I need help?

Ask your subject teacher if you need help with work. If you are worried about something else speak to your form tutor, the guidance mentor or your head of year. Your guidance mentor and head of year can be found in 'Y Porth'. This room can be found on the bottom floor at the end of the main building.

## What is 'Y Porth'?

This is the area in school where all the guidance mentors are based. The guidance mentors do not teach and are available to support you during the school day. They are also available to discuss any issues with your parents. The mentors and Head of Year help to make sure that you are settling and are happy in school, they will monitor things like your progress, your uniform, your attendance and will provide additional support if you need it.

## Additional Support

'Cynnal' is an area of school that provides additional learning support for pupils that may need support with some aspects of their education. This department is run by the ALNCo - Mrs Hodgson. Mrs Hodgson will have spoken to your Year 6 teachers and will have made plans to ensure that you have the additional support in year 7 should you need it. A team of teaching assistants work in 'Cynnal' with Mrs Hodgson and will be in some of your lessons to help you with your work. They also run a homework club.

## What is Pontio?

This is an area of school that is dedicated to supporting pupils with Autism at Ysgol Aberconwy. We have a separate booklet to provide more information about Pontio for those pupils that may need access to it.